

10 OUTING CLUB

14810 Linden Ave. N.

Shoreline, WA 98133

(206) 363-0859

ONE WORLD OUTING CLUB (SUMMER 2018)

6/23 LAKE SERENE HIKE

We simply have to visit Lake Serene this spring because of the recent success in saving the trail-head from logging. It was scheduled for clear-cutting just last year and with a lot of effort from a lot of people we were able to save this popular hike from the axe. Thank you to all who wrote letters or contributed to the Forterra fund raising campaign on this trail! I know several club members wrote emails or letters. The hike is a fairly short drive from Seattle but has everything you could want from a mountain trail. Half way up to the lake is Bridal Veil falls which is what always catches your eye looking south from the Stevens Pass highway driving past Index. Summer or winter this veil falls is running. This remarkable falls is a worthy destination in itself, and all the better this time of year with full spring run off splashing down the hard rock face of the falls. Beyond this photo stop is the lake itself, which in late summer is a popular spot for a sunny afternoon plunge (into a cold mountain lake). Poised above the lake is Mt. Index with its imposing west wall of granite rising vertically more than 2,000' above the level of the lake. This offers a remarkable backdrop to the classic mountain landscape of a clear green mountain lake with granite gray rock, and blue sky above. The round trip distance to Serene is about eight miles and the total elevation gain is 2,000', all on a reasonable 500' per mile grade. The trail seems to fly by with the numerous scenic and photogenic distractions along the way. The upper section of this trail has many giant old growth firs and cedar trees which have stood here enjoying the view for hundreds of years. Provided: transit, maps. Date 6/23 Cost \$47



7/21 ANDERSON LAKES and BUTTE

This is an area we have skied in past winters as day and weekend trips, when the snow conditions are good. While it is a wonderful tour ski trip it is usually a long way up to the best views from the lake level where we can park. On this trip we will be able to drive all the way up to the 4,000' level. Shortly after we start up the trail the views open up to the West. There are several meadows offering some of the best views of Mt. Baker available in the state. However there is a side trip to Anderson Butte if you want the truly stunning poster shot of the mountain and lake below. Baker Lake makes a quiescent blue floor to the valley which stretches all the way from the town of Concrete almost to the southern flank of Mt. Shuksan. The lake is actually a reservoir built by Puget Sound Energy for power generation and flood control, and we will be driving across the skinny little dam on our way to the trailhead. The view from the top looking down the Baker River valley really makes you want to hold onto the hand rails. The hike itself takes the visitor through thick Douglas Fir and Hemlock forests up to several meadows and two sets of lakes; both Watson and Anderson lakes are reachable from the trail. The main trail is a six mile round trip to the farthest lake and about 1,000' elevation gain. There are a couple side trips available on this trip. The one I would prioritize is a one and a half mile side trip to the view summit of Anderson Butte. The other is a scramble trail to the top of Mt. Watson. Provided: transit, maps. Date 7/21 Cost \$47

8/10-12 GOAT ROCKS WILDERNESS & WILLIAM O. DOUGLAS TRAIL

The Goat Rocks was always a mythic place, of lofty snow covered peaks, at the remote southeast corner of Mt. Rainier National Park. It was always a little too far to get to for day hiking, but with the Chinook Pass highway it is just a few hours away. Most of the beautiful drive is through deep green forest lands and National Park on one lane highway. The area was set aside as wilderness to preserve its wildlife and natural beauty and through its center runs a serene section the Pacific Crest Trail. There are many good hiking trails that traverse this wilderness, some intersecting with the Crest Trail, others go to pastoral mountain lakes of lofty summits. We will pick out a couple of the more scenic day hikes in this area. By the way as you might guess the wilderness was named for the numerous mountain goats that inhabit it. One of our days in the area we will hike some of the western end of the William O. Douglas Memorial Trail. This trail is 80 miles end to end and connects Yakima to Mt. Rainier in one continuous trail. Dedicated to Douglas it traverses the same country where he spent most of his childhood hiking with a pocket knife, a fishing line, and a bedroll over his shoulder. Justice Douglas was the longest serving Supreme Court Justice we have had in this country, and he was one of the best published as well. I have read many of his stories about early adventures in the Naches and Tieton river valleys. We will be staying in Packwood and day hiking out of our lodging and eating in town for the three day weekend. Provided: transit, maps. Dates 8/10-12 Cost \$432

8/18 CADY RIDGE, KODAK PEAK & LITTLE WENATCHEE RIVER TRAIL HIKE

As you can tell from the title there is something for everyone on this hike all from the same trailhead. Cady Ridge climbs straight up to some great vistas of Eastern Washington and access to the Cascade Crest Trail. Cady was originally used as a sheep herders trail, to access the high meadows when this was more common. The ridge trail is now part of a beautiful three day backcountry loop, with views down the headwaters of the Wenatchee, the Skykomish, and the Sauk River drainages. The Little Wenatchee Trail is a gentle forest trail up the river that feeds Lake Wenatchee. Hikers can go almost as far as they want on this woody day walk before returning to the trailhead. The third option is to hike to Kodak Peak with as you might suspect some picture perfect summit views of a half a dozen mountain peaks, river valleys, forests and meadows. The pinnacles that surround this summit include Skykomish Peak, June Mountain, Johnson Mountain, Indian Head Peak, White Mountain, Portal Peak, and last but not least Glacier Peak. Glacier is no more than eight miles from Kodak Peak. So whether you want a flat hike or a stairmaster (Cady Ridge) like hike, or you are just interested in getting to some scenery this is a perfect trailhead. Provided: transit, maps. Date 8/18 Cost \$47



9/15 ICEBERG LAKE LOOP MT. BAKER/SHUKSAN

This hike is a must do for any who like high mountain meadows and remarkable vistas, and for those who don't mind driving a little further to get away from the Snoqualmie Pass crowds. There are only two other places in the state that I know of where you can start hiking higher in the mountains than here. The Sunrise entrance to Mt. Rainier and Hearts Pass built years ago for a gold rush there. All of these areas let you drive all the way to the sub-alpine level of the Cascades where the mountain meadows begin. Iceberg Lake is on the west side of Table Mountain and the trail loops around the summit. On our way we will pass six different lakes: Iceberg, Hayes Lake, Mazama, Terminal, Galena Chain Lakes, and Bagley Lake. The hike traverses mostly through mountain meadows but drops into some shady forest for a stretch. The views include Mt. Baker and Mt. Shuksan which seem almost within arms reach. There are also several side trip options including other lakes and a trail up Table Mountain. From the top of this butte the views get even better on a clear day providing long range peak identification up into Canada and to the south, the entire Cascade Range. If you decide to do the entire loop it is eight miles and about 1,000' elevation loss. We will drop everyone off at the high end of the trail and pick them up at the low end so you don't have to regain that altitude at the end of the day. If we have time and there isn't any wind a stop at Picture Lake will provide the photographers in the group the ultimate photo stop. Provided: transit, maps. Date 9/15 Cost \$47

10/13 FALL COLORS HIKE

Everyone says that the best fall colors are on the East Coast in the Adirondacks or the Blue Ridge Mountains in West Virginia, but since we only have a day for this trip we will stick a little closer to home. While we may not have the abundance of sumac or oak trees that appear in the wild on the East Coast, we do have some very colorful glens in our forests, which are filled with vine maple, wild mountain huckleberry, alder trees, great leaf maple trees and more. We also have one tree not commonly seen on the East Coast: the glorious Western Larch tree! In the high sub-alpine meadows of the North Cascade Mountains the larch tree grows in abundance. In late September and the first part of October each year this unusual deciduous fir tree turns brilliant orange as it begins to shed its needles. If the lighting is just right, the orange of the sky is highlighted by the brilliant orange needles which have fallen to the ground, and a beautiful neon glow surrounds trees which are back-lit by the setting sun. Many years ago I was in the Enchantment Lakes area during this time of year, and the memory of these beautiful trees remains. A photo we took on this trip was the catalog cover photo for Outdoor Research's subsequent catalog. This hike will be approximately six to eight miles in distance with perhaps 1,500 feet of elevation gain. The specific destination will depend on weather and trail conditions. Provided: transit, maps. Date 10/13 Cost \$47



Summer 2018

MAIL THE FORM BELOW WITH YOUR Donation To:

1 World Outing Club: 14810 Linden Ave N; Seattle, WA 98133

Name _____

Address _____

Phone (_____) _____ H. (_____) _____ O. _____

Details by request

Trip Titles: _____

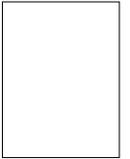
Room Mates: _____

Email _____ Enclosed\$ _____

Signature _____

I the above signed understand that there are risks and hazards involved in active sports including the activities I will be participating in with One World Outing Club. I accept these risks as my responsibility and agree to release One World Outing Club, their representatives, guides and associates from any liability for accidents or injuries which may occur during or traveling to and from said activities.

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